

AMHS 2018 - AGENDA



Day 1: Thursday, July 12th

8:00am - 9:00am	Registration/Breakfast/Exhibitions/Cultural Drumming
9:00am - 9:30am	<p>Official Conference Opening</p> <p>Welcome to Minnesota: Dr. Bruce Corrie, Director, Planning and Economic Development Department, Saint Paul, MN.</p> <p>Welcome Address: Michael Peterson, Ph.D., L.P., Director Counseling Services, Metropolitan State University, Saint Paul, MN 55106.</p>
9:30am - 10:30am	<p>Plenary Sessions</p> <p>Keynote: Back to The Basics: Towards a Paradigm Shift in the Mental Health and Wellbeing of Africans in the Diaspora.</p> <p>Presenter: Dr. Alvin Killough, Cultural-Ecological Research Psychologist, Associate Professor, Liberal Arts and Education Department University of Minnesota, Crookston CEO of Diversity2.org.</p>
10:30am-11:30am	<p>Topic: Caged for Decade: The Reality of the Connection between the challenges of Mental Illnesses, Addiction and Historical Trauma amongst African Immigrants /Refugees.</p> <p>Presenter: Florence Njoyi, MSW, LICSW, H RTP. Minnesota Department of Corrections.</p>
11:30am-12:45pm	<p>Workshop Sessions</p> <p>Topic: GROW Program</p> <p>Presenter: Carl Gaede, MSW, LCSW. Executive Director, Tutapona Trauma Rehabilitation, Uganda.</p> <p>Topic: Reversing Cultural Amnesia: An Approach to Mental Health and Well-Being</p> <p>Presenter: Elder Atum Azzahir, Founder & Executive Director, Cultural Wellness Center, Minneapolis, MN.</p>
12:45am - 1:30pm	Light African Lunch/African Entertainment/Group Photo/Poster Displays
1:30pm – 3:00pm	<p>Breakout Sessions</p> <p>Topic: Confronting and Reducing Stigma surrounding Mental Illness to Reduce Barriers to Treatment</p> <p>Presenters: Joyce A. Coleman, BS, LADC & Bhar A. Bagutti, BS, LADC. Health Partners MN.</p> <p>Topic: Decoding Mental Health Disparities in a large urban US-born Black community with Population-based Data.</p> <p>Presenters: Mei Ding, MD, MS; Tounhia Khang, BS; Karen Nikolai, MPH, MCP. Hennepin County Public Health, Minneapolis, MN.</p> <p>Topic: The Role of Protective Factors in Preventing Depressive Symptoms, Suicidality, and Self-injury in Somali Youth.</p> <p>Presenters: April Wilhelm, MD; Annie-Laurie McRee, DrPH; Zobeida Bonilla, PhD; & Marla Eisenberg, ScD. University of Minnesota Pediatrics Department, Division of General Pediatrics and Adolescent Health, and the School of Public Health, Division of Epidemiology & Community Health.</p> <p>Topic: The Effects of Structural Barriers on the Mental Health of African-Immigrants</p> <p>Presenter: Khadija Ali, MA, Ph.D. Vocational Rehabilitation Counselor, Hennepin County, MN.</p> <p>Topic: Concepts and Misconception of Dementia Care among the African Descendants</p> <p>Presenter: Oluwagbemiga Oyinlola, BSc, MSW. Sound Health Development Initiative(SHIN) & University College Hospital, Ibadan, Nigeria.</p> <p>Topic: Community Co-Creation: A Follow-up to Promoting Person-Centered Practices: A Holistic Perspective in Wellness and Recovery (Summit 2017)</p> <p>Presenters: Susan O’Neill & Merrie Haskins, ICI, University of Minnesota.</p>
3:00pm - 3:20pm	Coffee Break/Arts/Exhibitions/Poster Displays
3:20pm – 4:20pm	<p>Topic: Human Trafficking in the African Diaspora</p> <p>Presenter: Suzanne Koepplinger, M.A.: The Minneapolis Foundation & Bukola Oriola: Author, Speaker, & Consultant.</p>
4:20pm – 4:30pm	Adjourn

Day 2: Friday, July 13th

8:00am - 8:30am	Registration/Breakfast/Exhibitions/Cultural Drumming
8:30am - 8:45am	Welcome Address: John Slama, Ed.D., Campus President, Argosy University, Twin Cities
8:45am - 9:45am	Plenary Sessions
	Keynote: Achieving Equity and Inclusion in Mental Health and Well Being of the African Diaspora: Reality or Fantasy? Presenter: Mrs. Rosemond Sarpong Owens, MPH; Director, Health Equity Strategist Diversity & Inclusion, Blue Cross and Blue Shield of Minnesota.
9:45am - 11:45am	Film Screening: American Heart (EMMY® Award in the Topical Documentary category) Post Screening Discussion: Chris Newberry, Prize-winning Filmmaker and Founder of the Medicine Box Project.
11:45am-12:45pm	Topic: What Happens at the Intersection of School Counseling, Trauma, & Immigrant Student Needs? Presenters: Ali Kofiro, Licensed School Counselor, Wellstone International High School, Minneapolis; Caroline Baker, Ph.D. Associate Professor, University of Wisconsin River Falls, & Said Garaad.
12:45pm - 1:30pm	Light African Lunch/African Entertainment/Group Photo/Poster Displays
1:30pm – 2:30pm	Breakout Sessions
	Topic: Confronting and Reducing Stigma surrounding Mental Illness to Reduce Barriers to Treatment Presenters: Joyce A. Coleman, BS, LADC & Bhar A. Bagutti, BS, LADC. Health Partners MN.
	Topic: Decoding Mental Health Disparities in a large urban US-born Black community with Population-based Data. Presenters: Mei Ding, MD, MS; Tounhia Khang, BS; Karen Nikolai, MPH, MCP. Hennepin County Public Health, Minneapolis, MN.
	Topic: The Role of Protective Factors in Preventing Depressive Symptoms, Suicidality, and Self-injury in Somali Youth Presenters: April Wilhelm, MD; Annie-Laurie McRee, DrPH; Zobeida Bonilla, PhD; & Marla Eisenberg, ScD. University of Minnesota Pediatrics Department, Division of General Pediatrics and Adolescent Health, and the School of Public Health, Division of Epidemiology & Community Health.
	Topic: The Effects of Structural Barriers on the Mental Health of African-Immigrants Presenter: Khadija Ali, MA, Ph.D. Vocational Rehabilitation Counselor, Hennepin County, MN.
	Topic: Concepts and Misconception of Dementia Care among the African Descendants Presenter: Oluwagbemiga Oyinlola, BSc, MSW. Sound Health Development Initiative (SHIN) & University College Hospital, Ibadan, Nigeria.
	Topic: Community Co-Creation: A Follow-up to Promoting Person-Centered Practices: A Holistic Perspective in Wellness and Recovery (Summit 2017) Presenters: Susan O'Neill & Merrie Haskins, ICI, University of Minnesota.
2:30pm - 2:45pm	Coffee Break/Arts/Exhibitions/Poster Displays
2:45pm – 4:00pm	Legislative Panel
	Moderator: Sue Abderholden, MPH; Executive Director, National Alliance on Mental Illness (NAMI) Minnesota. Panelists Jin Lee (Jinny) Palen, Executive Director of the Minnesota Association of Community Mental Health Programs (MACMHP). Matt Burdick, Legislative Director for Health Care and Behavioral Health at the Minnesota Department of Human Services (DHS).
4:00pm – 4:50pm	Plenary Session Topic: Determinants of Mental Health among Sub-Saharan Africans: The Nigerian Experience. Presenter: Dr. Chris Ajeh, MBBS, AF (WACP), AF (NPMC). Medical Director, Addiction Management Center & Mental Health Clinic (AMAC), Makurdi, Benue State, Nigeria.
4:50pm – 5:00pm	Closing Remarks Ms. Florence Njoyi, Chairperson AMHS 2018 Planning Committee

Day 3 Saturday, July 14th

11:00am – 4:30pm	Meet for Optional Field Trip: (Pre-registration required) Padelford Riverboats Cruise; Mall of America; Science Museum; and Como Zoo.
6:00pm – 10:00pm	Awards Banquet Venue: Maplewood-Oakdale Room, Country Inn & Suites, 6003 Hudson Road, Woodbury, MN 55125 Music: DJ James Cultural Dancers: Restoration for All (REFA) Dancers
	Schedule of Events <ul style="list-style-type: none">• Cocktail Reception – 6:00pm• Dinner 6:30pm – 7:45pm• Welcome Address - 7:45pm – 8:15pm: Elder Atum Azzahir, Founder & Executive Director, Cultural Wellness Center, Minneapolis, MN.• African Entertainment - 8:15pm - 8:45pm• Award Presentations – 8:45pm – 9:30pm• Closing Remarks/Music/Dancing – 9:30pm – 10:00pm